

CHECK IT OUT!



**Mole
changes**



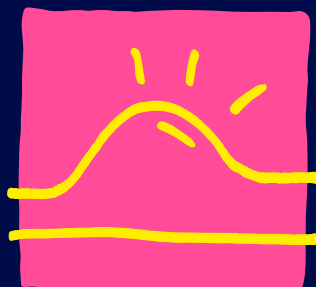
**Unexplained
weight change**



**Persistent
pain**



**Unexplained
tiredness**



**Lumps and
swellings**

**These are the most common
signs of cancer in young people.**



**Turn over to
find out more**





Mole changes

This could be a change in the size, shape, colour or texture of a mole. Or if it starts bleeding.



Unexplained weight change

This could be weight loss or gain when you haven't changed your diet, how much you're exercising or any medication you're on.



Persistent pain

This is severe pain that doesn't go away with painkillers.



Unexplained tiredness

You might feel completely exhausted all of the time – even a good night's sleep doesn't help.



Lumps and swellings

Lumps and swellings can be anywhere on your body.

If you're worried speak to your GP, or scan the QR code to find out more. *#CheckItOut*



teenagecancertrust.org/signs

