

## Great North Run Volunteer Massage Therapist

### About Teenage Cancer Trust:

We make sure young people don't face cancer alone. We do it by helping young people and their families deal with the many ways that cancer can affect your body, your mind and your life. We do it in partnership with the NHS and by bringing young people together, so they can support each other. And we do it from the moment cancer is diagnosed until long after treatment is over...but we can't do it alone, we need your help!

### At a glance:

At this year's Great North Run, we are looking for professional or semi-professional massage therapist volunteers to help our runners to recover after the gruelling challenge!

**Time Commitment:** Time: To be set up by 10.30am-3pm (Please be aware that on race day travelling around Newcastle/South Shields will be tricky due to road closures and large volumes of people, so do allow extra time for your journey)

**Date:** Sunday 8 September 2019

**Location:** Teenage Cancer Trust Great North Run Charity Village Marquee near the Finish Line in South Shields – **supply own massage beds if possible**

**Responsible to:** Louise Miles, North East Fundraising Manager

**How to apply:** Email [volunteers@teenagecancertrust.org](mailto:volunteers@teenagecancertrust.org) or call 0207 2916974

### What will I do?

- Provide massages and advice to our amazing runners after their event
- Talk to our runners about their experience
- Alert Teenage Cancer Trust staff to any issues or areas of concern

### What will I gain?

- Support from a dedicated member of staff in your role
- Helping Teenage Cancer Trust to reach more young people with cancer
- Experience at a large sporting event
- Refreshments as and when required
- Reasonable expenses will be covered

### What skills do I need?

- To be a qualified/semi-qualified massage therapist
- Excellent interpersonal skills
- Insurance that covers practicing therapy at the event (we will need to see a copy of this prior to the event)
- Some experience in sports therapy is desirable

**NB:** If a teacher is able to attend, we can at times allow groups of student massage therapists to support our events. We would require a copy of the teaching establishment's liability insurance and a letter confirming that they were aware the students were volunteering on the day and that they would accept liability if a claim was made.

