THIS IS WHAT 2017-18 LOOKED LIKE FOR

TEENAGE CANCER TRUST

QUESTIONS
ANSWERS
LEARNING
COMFORT
RESILIENCE
COURAGE
SUPPORT
STRENGTH
TALKING
CARE
PROGRESS
LISTENING
FRIENDSHIP
RECOVERY
LAUGHTER
TEARS
Everyday, seven young people in the UK are told they have cancer.

They will each need specialised nursing care and support, to get them through the toughest times they may have faced.

We're the only UK charity meeting this vital need.
I’m honoured to be opening Teenage Cancer Trust’s 2017/18 annual review. When I was first diagnosed in 2017 and started chemotherapy treatment, I was surrounded by little kids. Thanks to Teenage Cancer Trust I was able to meet other people my age who had been through cancer, which made me feel a lot less alone.

There’s already so much going on when you’re a teenager, but when you’re diagnosed with cancer you feel that you’re stuck at home and can no longer do all the things you’d planned. Being around other people in the same situation feels like a relief as you have something that connects you. It can be hard for your friends to understand what you’re going though, so all the outings that Teenage Cancer Trust organised, including the Find Your Sense of Tumour weekend, were good opportunities to meet others and bring some normality back.

When I was at Find Your Sense of Tumour I saw an advert for Teenage Cancer Trust’s new Youth Advisory Group, which launched in November 2018. I was grateful for everything that Teenage Cancer Trust did for me and thought they were a really important charity. That’s why I applied to be a part of the group so I could help make any changes that would benefit young people with cancer in the future. I feel like we have accomplished lots already and it’s been great meeting and talking to the other members.

I hope you enjoy reading the stories in this report. I’ve seen myself how valuable and indispensable Teenage Cancer Trust is to countless others throughout the country, and I’m glad I can give something back to them. The charity has grown so much this past year, like the people they represent Teenage Cancer Trust is fearless and ready to face things head on - let’s bring on the next year!

Ammarah
16, Youth Advisory Group Member
As thousands of runners poured through the capital’s streets during the 2018 Virgin Money London Marathon, I couldn’t help but reflect on how far this organisation has come. Teenage Cancer Trust was chosen as the event’s Charity of The Year, and legendary runners proudly supporting our work were everywhere. It was one of many reasons for celebration in 2017/18. That unforgettable day raised £1.7 million – an invaluable contribution as we keep striving to offer care and support to every young person with cancer. We’re the only UK charity solely focused on providing the specialist nursing and support young people with cancer need, and events like the marathon only increase our determination to be there for everyone who needs us.

Our Nursing and Support Service is central to our efforts, and its successful expansion was another reason for optimism last year. This service enables us to support young people with cancer who are not treated on a Teenage Cancer Trust unit, by offering care and support in local designated hospitals and even in young people’s homes.

Thousands of young people will benefit as a result, and that’s also true of our Youth Advisory Group, which was launched in 2017/18. We’re serious about putting young people at the heart of everything we do, and we’ve brought together this group of 24 young people with experience of cancer to give us their no-holds-barred views to make our support even better. They will shape what we do in a huge range of ways.

We’re looking ahead to an ambitious future where we support more young people than ever before, so we planned an overspend of our budget to enable us to do more. This reflected the increasing costs of our work as we expand our Nursing and Support Service and fund more Teenage Cancer Trust nurses. We also invested in building our profile and putting young people’s stories at the forefront of our work, a vital step to explain why specialist support for young people with cancer is critical.

Our planned overspend was also impacted by the change in our financial period, which will make planning and budgeting more accurate and fit with the NHS’s planning cycle. It meant our accounting period included an additional period from July to December, when income is historically always lower than in the first half of a year.

All of this took place against a backdrop of financial pressures on the NHS and a difficult fundraising and economic climate, and while these challenges are very real, so is our commitment to reach every young person with cancer. I’m delighted that Kate Collins, who was Acting Chief Executive at the time of our last report, became our Chief Executive in March 2018 to help us achieve this mission. With the support of so many, this organisation has accomplished so much – and our ambition to do more is only growing.

Thank you so much for your support,

David Hoare
Chairman
One of the many things I love about Teenage Cancer Trust is the attitude of everyone involved. Whether I’m spending time in one of our units, speaking to colleagues or meeting our supporters around the UK, I encounter the same unswerving commitment, the same irrepressible energy, the same optimism and belief in what we do.

It makes this a very special organisation to be part of, and as we turn our attention to the coming years, there is a great deal to feel upbeat about.

After my appointment in March 2018, we launched a strategic review of our work. From an already strong position, we are now gearing up to deliver even greater impact for young people, with a new strategy coming in 2020.

As David outlined, we are extending our Nursing and Support Service, and will also continue to roll out our digital platform to support young people to identify the emotional and clinical support they need. At the same time we will be working with our new Youth Advisory Group to find the best ways for the young people involved to influence our work. And we are developing our support for young people with cancer both during and after treatment, as well as building a campaigning strategy to highlight and address the unique challenges young people face. It’s going to be a busy time!

In the immediate future, we’ll be investing in fundraising to ensure our resilience in a tough climate. And as all aspects of our work evolve and grow, we will continue to build closer ties and working relationships with our clinical staff across the NHS.

In everything we do, we will never lose sight of the fact that the generosity of our supporters makes our work possible. So many people contribute to what we do in so many ways, with an incredible spirit and energy. Together we make an unbeatable, unstoppable team – and I can’t thank you enough for being part of it.

Kate Collins
Chief Executive

“TOGETHER WE MAKE AN UNSTOPPABLE TEAM. I CAN’T THANK YOU ENOUGH FOR BEING PART OF IT.”

Kate Collins, Chief Executive
OUR 2017/18 IN NUMBERS

In last year’s annual review we told you that our financial year was changing from July-June to January-December. This allows for planning and budgeting in alignment with the NHS.

This annual review is therefore reporting on the 18-month financial period from 1 July 2017 to 31 December 2018. This means the targets we report on are for 18 months instead of 12 months. Our next annual review will report on the financial year from 1 January to 31 December 2019.

100% of young people* felt that having access to a Teenage Cancer Trust unit had a positive impact on their cancer journey.

£12.3m invested in life-changing cancer services.

2,720 copies of “Honest Answers, Sound Advice: A Young Person’s Guide to Cancer” given out to young people.

60 insightful young people joined our new Youth Advisory Group.

1,661 volunteers gave their time and energy.

100% of young people** agreed that Find Your Sense of Tumour had a positive impact on them.

INCREDIBLE Teenage Cancer Trust Nurses funded

AWESOME

*From surveys of 89 young people at our 2017 Find Your Sense of Tumour events
**From surveys of 106 young people after the 2018 over 18s Find Your Sense of Tumour event
WE MAKE EVERY PENNY COUNT...
we receive no government funding so our work is only made possible by your support.

HOW WE RAISED MONEY...

Total income: £23.05m

£12.56m Donations and public fundraising (54.5%)
£4.60m Corporate partnerships (20.0%)
£1.17m Trusts and foundations (5.1%)
£4.63m Trading (20.1%)
£0.09m Interest (0.4%)

Donations and public fundraising - including individual and group fundraising from challenge, community and special events as well as one-off or regular donations
Corporate partnerships - income from corporate partners including charity of the year partnerships and employee fundraising
Trusts and foundations - grants from charitable foundations and trusts
Trading - including income from ticket sales for Royal Albert Hall shows, merchandise and cause-related marketing
Interest - interest earned on cash deposits

HOW WE SPENT MONEY...

Total expenditure £24.48m

£13.28m Cancer services (54.2%)
£1.77m Policy, influencing and service development (6.9%)
£5.01m Fundraising (20.5%)
£4.42m Trading (18.1%)

We planned an overspend during the period to invest in rolling out our Nursing and Support Service across the UK, so that all young people with cancer can access our support wherever they choose to be treated. We also invested in developing our organisation to ensure we’re in the best possible position to keep working with and supporting young people.

£3.47m Before diagnosis (26.1%)
£8.13m During cancer treatment (61.2%)
£1.68m After cancer (12.7%)

You can find out more on our website at www.teenagecancertrust.org.uk

*Support and governance costs amount to c.10% of overall expenditure.
*Some percentages do not add up to 100% due to rounding.
I found the presentation very informative and useful. I liked how the speaker aimed the information at our age group. As a cancer survivor, I also found hearing the opinions and experiences of other young people affected by cancer reassuring and it prompted me to research more into the information available on the Teenage Cancer Trust website.

- Young person who heard our school presentation in the South East

WHERE THE STORY BEGINS...

In the academic year 2017/18 our target was to speak to 225,000 students about cancer in 1,500 schools. We actually spoke to 225,342 students about cancer in 1,423 schools.

In the academic year 2018/19 we’ll speak to 225,000 students about cancer in 1,500 schools.

We’d like to thank the Woosnam Foundation for their funding towards our education and awareness work in the South East in 2017/18.

94% of students* said our education presentation increased their knowledge and understanding of the warning signs of cancer.

KEY FIGURES

*From 4,280 surveys completed by students in 2017/18.
I think the key role of Teenage Cancer Trust is that they enable you to still feel like a teenager whilst you’re going through something that strips you of your adolescence and that’s a vital and incredible thing to do.

As a teenager you are on the brink of becoming independent and really coming into your own. You are busy with school and socialising with your friends. The last thing you expect is to be diagnosed with cancer; the idea is just alien.

I was diagnosed when I was 16 and in hospital within a few days, and being on the Teenage Cancer Trust unit was the best possible environment to be in. A lot of adult wards are quite sectioned off, so it doesn’t make it easy to interact with people or form natural relationships. On the Teenage Cancer Trust unit, the rooms are very open, so it allowed me to speak to other young people and make some solid friendships. Even though my parents were going through it with me, they didn’t understand what the treatment made you feel like, so these friendships were vital and of a monumental help. When we felt well enough, we played pool, listened to music on the jukebox and watched films. It made life feel a bit more normal.

Last year we expanded our Nursing and Support Service to reach more young people in local hospitals and in their homes. That’s on top of continuing to provide our game-changing support in our 28 units in Principal Treatment Centres for cancer in major NHS hospitals across the UK.

We can now reach young people like Callum, who decided to have his chemotherapy treatment in his local hospital five minutes away, rather than travel to the Teenage Cancer Trust unit over an hour away.

Teenage Cancer Trust’s local Youth Support Coordinator Franki came to see me at home regularly while I was on treatment.

I felt a bit alone while I was in hospital as I was on an adult ward and I brought the average age down considerably, so I really appreciated Franki’s support.

She told me about social opportunities so I could meet people my age who were going through cancer, supported me to finish my university course and helped me reflect on everything I’d been through after getting the all-clear.
Our target last year was to complete the roll-out of our Nursing and Support Service in the five regions where we began to introduce it in 2016/17 (Northern Ireland, the South West, Scotland, the West Midlands and the South Coast).

- The South West and Northern Ireland: service roll-out completed.
- Scotland: we recruited into all posts with the final nurse starting in January 2019, just outside this reporting period.
- In the West Midlands there was a delay due to the merging of a hospital NHS trust, but we expect the final post to be filled by the end of 2019.
- The South Coast: we funded four posts and are still working to negotiate funding and discuss logistics of the remaining three posts.
- We also started to implement the service in the South East (London), East Midlands and Merseyside.

In 2019 we plan to add in an additional nursing post in six more regions: East Anglia, the North East, Sheffield, South East (London), South East (Kent) and Northern Ireland, which will take our service roll-out up to 90% complete.

Our target for 2017/18 was to fund **58** Nurses, **35** Youth Support Coordinators and **seven** Multi-Disciplinary Team (MDT) Coordinators.

We actually funded or adopted* **60** Nurses, **34** Youth Support Coordinators and **six** MDT Coordinators**.

In 2019 we’ll fund **76** Nurses, **36** Youth Support Coordinators and **10** MDT Coordinators.

*Salary costs for adopted staff are paid by the NHS, but staff are supported by Teenage Cancer Trust in terms of professional and peer support, accessing professional development, grants and other benefits.

**Figures correct at December 2018

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Teenage Cancer Trust Units

- Nursing and Support Service roll-out complete
- Nursing and Support Service roll-out in progress (begun before 2017/18)
- Nursing and Support Service roll-out begun in 2017/18

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To whom it may concern,

Being diagnosed with cancer has been one of the scariest moments in my life, and I’m pretty sure my parents were equally terrified. Our first day speaking to my consultant was so overwhelming. So much information, so many options and choices that the day almost seems a blur.

One thing I do remember however is my nurse, Valerie. She was there for my first chemo session and my last and many in-between, has sat with me talking about everything and anything just to distract me from the chemo, has given invaluable advice, stayed at work late just to make my mum and I a cup of tea after a particularly hard day at the clinic, has found ways to make me laugh even when I wanted to cry and has been there for me when nothing seemed to be able to make me smile. Honestly the list is endless.

I’m so grateful to have Valerie in my life, nothing was ever too much for her; she truly goes above and beyond. She’s kind, empathetic, thoughtful and so passionate about her role and what she does. Having her around has made things a lot less scary for both my parents and myself. She’s also amazing at explaining all the complicated medical lingo in ways my parents and I could much easier understand, so we found ourselves relying on her more and more as time passed and she never let us down.

While I know no one ever wants to get sick or have a family member be sick, I can honestly say if they have Valerie looking out for them, then they are in great hands. I know she is making an incredible difference to the lives of all the children and young adults she will come across in her role. Nothing I can ever say will express just how thankful I am for all the hard work and dedication Valerie has put in, but I hope this at least will allow others to understand just how amazing she is!

Yours sincerely,

Jacqueline

25, Londonderry

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95% of young people* said that their specialist nurse was important to them throughout their treatment (96% in 2016/17**).
In 2017/18 we continued to develop a digital platform (the Integrated Assessment Mapping or IAM portal) to support young people to identify the emotional and clinical support they need. The tool lets young people and health professionals work together to assess their needs and identify further support required as they go through cancer treatment.

When a young person is diagnosed with cancer there can be a time of chaotic thinking, of feeling overwhelmed by the impact of the news and the implications of change to every area of their life.

The IAM tool is designed to help order those thoughts, and to assist in communicating their concerns and questions to the healthcare professionals supporting them.

- Claire, Teenage Cancer Trust Nurse, South West

By the end of 2018 our digital platform was live in 3 regions – the South West, East Midlands and Cheshire & Merseyside.

In 2019 we’ll implement it in a further 4 regions.

Our Mates Matter programme helps young people with cancer to share their experiences with their friends and peers via one of our education and awareness experts. They work with the young person to find out more about their cancer story, then give a tailored version of our Understanding Cancer Together presentation at their school.

I found the presentation helpful and insightful. Some of the presentation was based on a girl in my year group so it was nice to get to know more about her and her experience with cancer.

- Mates Matter attendee

This is Honest Answers, Sound Advice: A Young Person’s Guide to Cancer, our 177-page book covering everything from cancer tests and treatments to depression, relationship changes and life after cancer.

In 2017/18 we planned to give out 1,875 copies. We actually gave out 2,720 over our 18-month accounting period.

In 2019 we aim to give out 1,600 copies.
At Teenage Cancer Trust we understand that life isn’t necessarily simple from the moment you get the all-clear. Support from our specialist staff doesn’t go away just because treatment ends. And our post-treatment events provide life-changing support, allowing young people to be there for each other and to have an incredible experience at the same time.

MEG
23, MANCHESTER

It took me a while to get back to normal life after my treatment ended. Some people who haven’t had cancer might imagine we celebrate being given the all-clear and then move on in life. But so much has changed during that period so moving on is hard to do.

I went from being a very independent 21-year-old to someone who was more dependent on her mum than I was at 15. I was used to the doctors and nurses making the decisions, and my mum making sure I took my medication on time and driving me about everywhere. I’d gone from flying across the world by myself, to someone having to accompany me on train rides as I was so anxious. I didn’t feel like myself anymore.

I was worried that people would think I was ridiculous if I talked about it, but my Youth Support Coordinator Charlene reassured me that it was normal to feel like that. We talked about what events I had coming up that I felt anxious about and she helped me make plans about how to manage them. She also explained that it was ok for me to feel nervous but that I shouldn’t let it stop me from doing things, and she encouraged me to let friends and family help where they could to ease me back into things. Charlene worked with me to discover where my confidence came from before and taught me to build on that again.

FARAHAN
22, BIRMINGHAM

agreed that Find Your Sense of Tumour had a positive impact on them.

*From surveys of 106 young people after the 2018 over 18s Find Your Sense of Tumour event

I went to Teenage Cancer Trust’s Find Your Sense of Tumour event which brings young people from around the country together after their cancer treatment has finished.

It’s an amazing event. There’s lots of different activities like football and massages, along with workshops including one on how to get travel insurance after a diagnosis. There were also social events and we dressed up as superheroes for one.

It helped me make friends with other young people who had been through cancer and I kept in touch with them afterwards. I found that they understood me a lot better than some of my friends did and the conversation flowed a lot more easily as we have things in common. We can support each other.
**Eilish (top right) attended Way Forward, our two-day event for 15-20 young people who’ve finished cancer treatment. It’s a safe, comfortable space with practical, expert advice on the big issues and lots of opportunities to meet other young people who’ve had cancer.**

I went to talks on things like employment, diet and fertility and I felt really comfortable around the other young people and felt happy to ask questions in front of them.

I hadn’t been able to ask the questions at my doctor’s appointment as I felt so emotional still. I chatted to people about the side effects I had suffered and was still suffering, and I could relate to them about experiences they had also been through. This gave me so much peace knowing I wasn’t abnormal for thinking the things I was or feeling the way I was.

Now, if I am worried about anything, I speak to the friends I met there. I would recommend Way Forward to anyone.

**EILISH**
22, LUTON

**NATASHA**
18, BRIDGEND

*From surveys of 94 young people at our 2018 Ultimate Backstage Experience events

**From surveys of 105 young people after our 2017 Ultimate Backstage Experience events

*From surveys of 78 young people after Way Forward events in 2017/18

**From surveys of 76 young people after Way Forward events in 2016/17

**KEY FIGURES**

In 2017/18 (over our 18-month reporting period) our target was for 510 young people to attend one of our four Find Your Sense of Tumour events, and 119 to book onto our Way Forward events.

528 young people attended Find Your Sense of Tumour and 112 attended Way Forward.

In 2019 (over 12 months) we aim for 275 young people to attend one of our two planned Find Your Sense of Tumour weekends, and 100 at Way Forward.

96% of young people* felt more resilient and better equipped to cope with their own challenges as a result of attending Way Forward (95% in 2016/17)

**From surveys of 94 young people after Way Forward events in 2018/19
From surveys of 76 young people after Way Forward events in 2016/17

100% of young people* said that the Ultimate Backstage Experience had a positive impact on them (100% last year**)

*From surveys of 94 young people at our 2018 Ultimate Backstage Experience events

**From surveys of 105 young people after our 2017 Ultimate Backstage Experience events

Natasha got to take part in the Ultimate Backstage Experience, our VIP day out for young people during our Royal Albert Hall show week.

Over seven nights in 2018, up young people got to write and perform an original song, meet the artists, playing that night and enjoy the show from some amazing seats.

The music workshop was really interesting and different - I chose to play the keyboard because it had really funky sound effects on it and it was fun to play with.

My favourite part was when we were able to perform our song to Nile Rodgers. He said that it was very good and complimented us on our skills and on how we used the instruments.

I was really excited to see Nile Rodgers and Chic perform live because I knew some of their songs. We got to go on stage and to sing and dance with Chic and many of the other young people who went on the trip. I made lots of new friends and met my boyfriend.

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YOUNG PEOPLE ON STAGE
Teenage Cancer Trust at the Royal Albert Hall - 2018
PUSHING FOR CHANGE, PUSHING OURSELVES

Our Policy and Public Affairs team makes sure politicians and decision-makers understand exactly why specialist cancer support matters for young people – and what needs to change to bring it about.

IN 2017/18, WE:

Celebrated new NHS England commitments
We’ve been calling for years for every young person with cancer to have access to specialist expertise, more opportunities to take part in clinical trials and a tailored needs assessment. All of these were included in NHS England’s new Long Term Plan – a huge achievement and one that will see investment in these areas to improve care and outcomes for young people with cancer across England. In the year ahead we will take a lead role in holding the government to account as they implement this plan.

Put cancer education on the curriculum
After we met with ministers and held special events in Westminster and at the Scottish Parliament to show the benefits of learning about cancer, the government published draft guidance on including cancer on the health education curriculum. This is another huge development for England that progresses our goal of ensuring every young person has education about cancer. In the year ahead we will work with partners including the PSHE Association to support schools in implementing this new policy change.

Helped young people get heard
Young people’s opinions are always at the heart of our work pushing for progress. Last year we responded to six government and NHS consultations on issues from health education to mental health. All of our responses were based on what we learned from asking young people through surveys, questionnaires and our Youth Advisory Group.

Launched the first inquiry for the All-Party Parliamentary Group for Children, Teenagers and Young Adults
Working with CLIC Sargent, we run the secretariat for the All-Party Parliamentary Group for Children, Teenagers and Young Adults (APPG CYTA) chaired by Thangam Debbonaire MP. This year the APPG CYTA launched its first public inquiry – looking at what it’s like to be a cancer patient. The resulting report, ‘Listen Up!’ featured a series of recommendations for the government. We will continue to jointly run the secretariat and explore ways for young people with cancer to continue to engage with Parliament.

Brought young people and politicians together
As part of the APPG CYTA inquiry, young people had a chance to grill the then-minister for public health and primary care Steve Brine, while at the NHS’s 70th birthday celebrations, young people shared their experiences of being cared for by specialist nurses.

Increased the influence of health professionals
When you work with young people with cancer every day, you gain a unique level of insight and understanding. So we make sure the voices of frontline healthcare staff are heard, and last year we shared their opinions and experiences with a variety of influential health sector groups.

Collected data to make our case stronger
The more evidence we have on how cancer affects young people, the more we can make the case for change. So last year we funded an analyst at Public Health England to draw together information about cancer incidence which will report in 2019. This has been a unique project and we’re excited about sharing the results widely to develop our services, NHS services and wider knowledge about young people with cancer. We also partnered with Public Health England to raise awareness of the cancer registry and why it helps us keep learning.

Made sure MPs were listening
We spoke to MPs more than 30 times and briefed politicians ahead of debates in Westminster and the Scottish Parliament, because every meeting keeps awareness growing. We also work through coalitions to amplify our voice and the issues of young people with cancer across the UK including the Wales Cancer Alliance, the Scottish Cancer Coalition, the Cancer Campaigning Group, and Cancer52.

PUSHING FOR CHANGE, PUSHING OURSELVES

Our Policy and Public Affairs team makes sure politicians and decision-makers understand exactly why specialist cancer support matters for young people – and what needs to change to bring it about.
In November 2018 we launched our Youth Advisory Group, an incredible team of 24 young people who have all been supported by Teenage Cancer Trust. They meet three times a year and work on projects alongside these meetings to help us make our support for young people with cancer even better. We’re so glad their invaluable insight is becoming part of everyday life within our organisation.

Last year our Honorary Patron Roger Daltrey CBE helped us celebrate our 18th year at the Royal Albert Hall, performing alongside an awesome line-up of artists including Kasabian, Nile Rodgers and Chic, and Russell Howard. Roger has been the driving force for nearly 20 years of shows at the iconic venue, a contribution that earned him a Royal Albert Hall Star in September 2018.

Teenage Cancer Trust owes its determination and passion to our incredible Founders and Life Presidents Dr Adrian Whiteson OBE and Myrna Whiteson MBE, who became Royal Albert Hall 150th Anniversary Ambassadors last year. We’re also so grateful to our Honorary Patrons Sarah, Duchess of York, HRH Princess Beatrice and HRH Princess Eugenie for their ongoing support.

In the last six years, we were lucky enough to enjoy a partnership with the Queen’s Trust who funded an incredible £2.425m worth of services for young people with cancer. Their funding allowed us to run 10 Find Your Sense of Tumour and 22 Way Forward events, to give out 8,000 copies of “Honest Answers, Sound Advice: a Young Person’s Guide to Cancer” and set up our new Youth Advisory Group.

Our amazing partners Aldi, Domino’s and Plumbing and Heating all hit the £2m mark in 2018. Incredible stuff – each of their contributions is playing a vital role in supporting young people with cancer across the UK.
WE’VE GOT A LOT OF THANK YOUS TO SAY

To everyone who trained for months to cross a finish line,
To everyone who helped our work by giving up your time,
To everyone who caught a plane to jump into the sky,
To everyone who cashed in selling cakes and apple pies,
To everyone who shaved your head despite the winter chill,
To everyone who helped us with a gift left in your will,
To everyone who joined us at the Royal Albert Hall,
To everyone who backed us through your business or your school,
To everyone who cheered and screamed as runners sprinted on,
To everyone who car boot saled until everything was gone,
To everyone who used your fame to put our work on show,
To everyone who did anything – you’re the power that makes us go.

to everyone who supported Teenage Cancer Trust.
We can only do what we do because of you.