1. **Males can get breast cancer**
   a. Men have the same tissue that can develop cancer, although it is very rare compared with female breast cancer.

2. **The UV rays in sunbeds are up to 10 times stronger than the UV rays from the sun**
   a. They can vary, but this is why sunbeds have a much faster effect on the skin than the sun.

3. **Cancer makes your hair fall out**
   a. Some types of chemotherapy kill off the hair follicles, which means that hair falls out. Not everyone will lose their hair and most people will find that it returns. Some people will lose the hair on their head but no other, whereas others will lose all of their hair.

4. **Cancer was around when dinosaurs were alive**
   a. Cancer cells have been found in fossilised dinosaur bones.

5. **There are 500 different types of cancer**
   a. There are around 200 different types of cancer.

6. **Using fake tan can cause cancer**
   a. Sprays and creams are not linked with cancer; however, melatonin injections have been linked with cancer and are very unsafe.

7. **Dogs and cats can get cancer**
   a. Any organism with cells can potentially develop cancer as they can mutate.

8. **Eating healthy food can reduce the risk of getting cancer**
   a. Unhealthy diets are linked with 1 in 10 cancers.

9. **In the UK, 7 teenagers and young adults are diagnosed with cancer every day**
   a. This covers cancer in 13-24 year olds.

10. **More than 1 in 3 people in the UK will get cancer in their lifetime**
    a. CRUK figure.

11. **Sunbeds are safe if you use them only once**
    a. Using a sunbed only once before the age of 35 can increase your risk of the most serious form of skin cancer (Malignant Melanoma) by upwards of 59%.

12. **Suncream can go off if not used within a certain length of time therefore reducing its effectiveness**
    a. Suncream should be used within three years of buying it. If left longer than this, it will no longer work as advertised.

13. **Only old people get skin cancer**
    a. Skin cancer is the most common cancer in young people in both Scotland and Northern Ireland.

14. **Cancer is infectious**
    a. Cancer is in no way infectious.

15. **You cannot get cancer in your hair, nails or teeth**
    a. As far as we know, the cells in these areas of the body do not behave in a way that can lead to cancer.

16. **Cancer is something that everyone is born with**
    a. Everyone can develop cancer as their cells can mutate, but it is not the case that we are all born with cancer cells.

17. **Cancer is an illness caused by cell mutation**
    a. Cells can sometimes mutate when they divide. This happens fairly regularly and the body should shut these cells down, but occasionally it ignores them and if allowed to continue to divide, this could lead to cancer.

18. **50% of young people with cancer will survive**
    a. Around 80% of young people with cancer now survive for 5 years or longer (2014)

19. **Cigarettes contain chemicals found in rat poison, which can lead to cancer**
    a. This is true, along with around 70 other carcinogenic chemicals, such as carbon monoxide and formaldehyde.

20. **All cancers are more common in old people**
    a. Lots of cancers are more common in older people; however, cancers such as Leukaemia are much more common in young people.