WHAT IS CANCER: RESOURCE SHEET 1 – CANCER IN YOUNG PEOPLE

Most common cancers in young people are:

- Hodgkin and Non-Hodgkin Lymphoma
- Testicular cancer
- Skin cancer
- Bone cancer
- Soft tissue sarcoma
- Ovarian cancer
- Leukaemia
- Brain tumours
- Cervical cancer
- Thyroid cancer

Dependent upon where you are in the UK, different cancers are more common. See www.cancerresearchuk.org for more details.

A bit more information:

- **Hodgkin and Non-Hodgkin Lymphoma**
  - Cancer of the white blood cells leading to solid tumours located around the lymph nodes of the body.

- **Testicular cancer**
  - Cancer of the testicles. Very rare in older men.

- **Skin cancer**
  - Cancer of the skin. Most common cancer in young people in Scotland and Northern Ireland. There are additional lesson on this at www.teenagecancertrust.org/shunburn

- **Bone cancer**
  - Can occur in any one in the body, but is usually found in the large bones, such as the arms and legs

- **Soft tissue sarcoma**
  - Cancer of the muscles and linking tissues of the body

- **Ovarian cancer**
  - Cancer of the ovaries

- **Leukaemia**
  - Cancer of the white blood cells. Most common type of cancer in children but still found in teenagers.

- **Brain tumours**
  - Cancers of the brain

- **Cervical cancer**
  - Cancer of the cervix. Some girls will have had the HPV vaccine in year 8 (England and Wales), year 9 (Northern Ireland) and S1 (Scotland) that helps prevent an STI that can trigger a mutation of the cells in the cervix leading to cervical cancer.

- **Thyroid cancer**
  - Cancer of the thyroid, which is part of the hormone system and is located just above the collar bone.